

# Bose polarons at finite temperature and strong coupling

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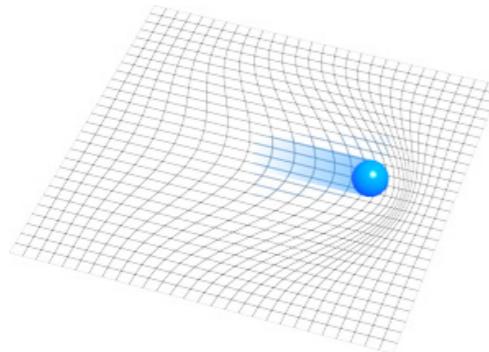


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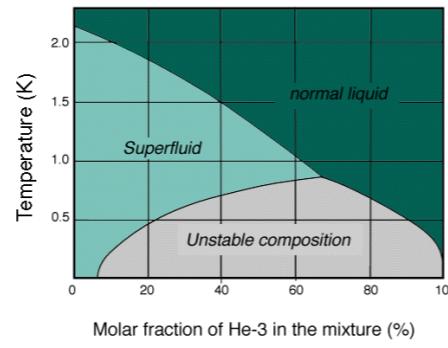
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# The impurity problem

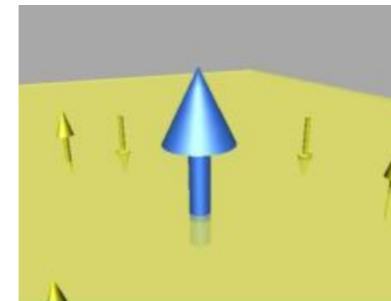
- ♦ Dilute impurities in quantum many-body systems



electrons  
in a phonon bath



$^3\text{He}$  in  $^4\text{He}$



magnetic impurities  
(Kondo problem)



ultra-dilute  
quantum mixtures

- ♦ probes of equilibrium and non-equilibrium properties: quasi-particle energies, lifetimes, effective masses, coherence, formation times, orthogonality catastrophe, ...  
MIT [PRL '09], ENS [PRL '09], Innsbruck [Nature 2012, Science 2017], Cambridge [Nature 2012], LENS [PRL 2018], Aarhus [PRL 2016], JILA [PRL 2016], ...
- ♦ ideal tools to manipulate and study a many-body system (transport, topology, ...)
- ♦ well-posed problem (QMC, variational, diagrammatic, RG, functional determinants, ...)

# Outline

- ♦ Impurities in a weakly-interacting Bose gas (“Bose polarons”)
  - ♦ Part I:
    - a new quasi-particle appears at non-zero temperature
  - ♦ Part II:
    - an *Anderson orthogonality catastrophe* arises in ideal BECs



Nils Guenther



Maciej Lewenstein

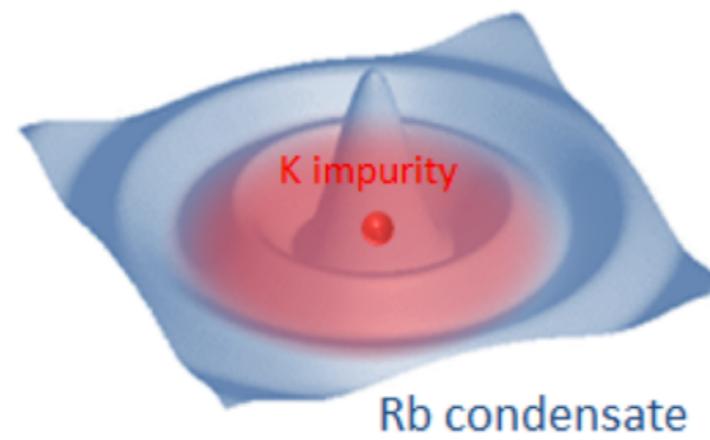


Georg M. Bruun

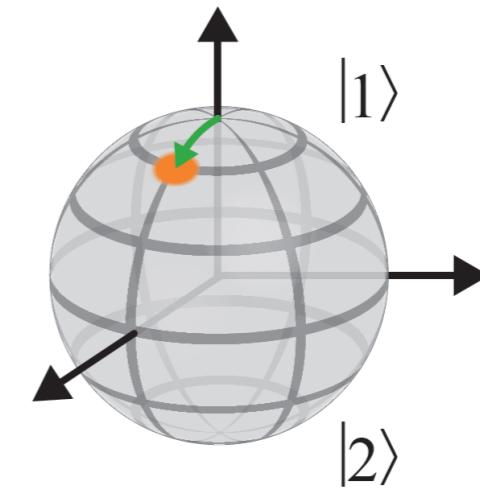


Richard Schmidt

# Impurities in a Bose gas



JILA: Hu, ..., Cornell and Jin [PRL 2016]

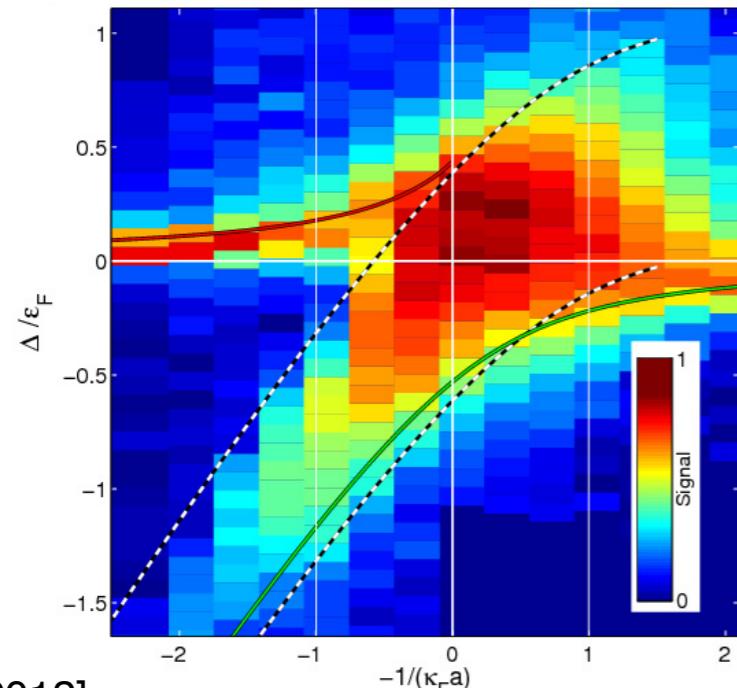


weak RF pulse + quick decoherence:  
a few  $|2\rangle$  impurities in a bath of  $|1\rangle$  atoms

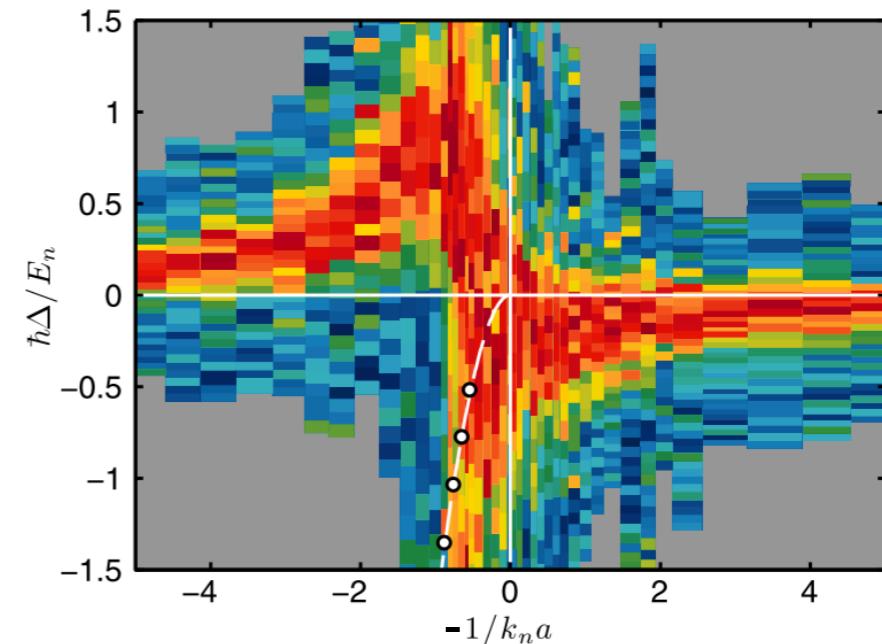
Aarhus: Jørgensen, ..., Bruun and Arlt [PRL 2016]

T=0 theory: Rath, Schmidt, Das Sarma, Bruun, Levinsen, Parish, Demler, Peña-Ardila, Giorgini, Pohl, Camacho-Guardian, ...

# Polarons: Fermi vs. Bose



[Innsbruck 2012]



[Aarhus 2016]

Differences	non-interacting Fermi sea	weakly-interacting Bose gas ( $k_n a_B \ll 1$ )
Temperature	smooth crossover from degenerate to classical	BEC phase transition at $T_c$
Impurity ground state	polaron/molecule transition	smooth crossover
Three-body physics	negligible	important role
Stability	(meta-)stable mixture	rapid three-body losses

Part I

# Finite-T analysis

# Definition of the problem

- Weakly-interacting BEC, treated with Bogoliubov theory

» condensate density:  $n_0 = n[1 - (T/T_c)^{3/2}]$

» critical temperature:  $T_c = \frac{2\pi}{m_B} \left( \frac{n}{\zeta(\frac{3}{2})} \right)^{2/3} \approx 0.436 E_n$

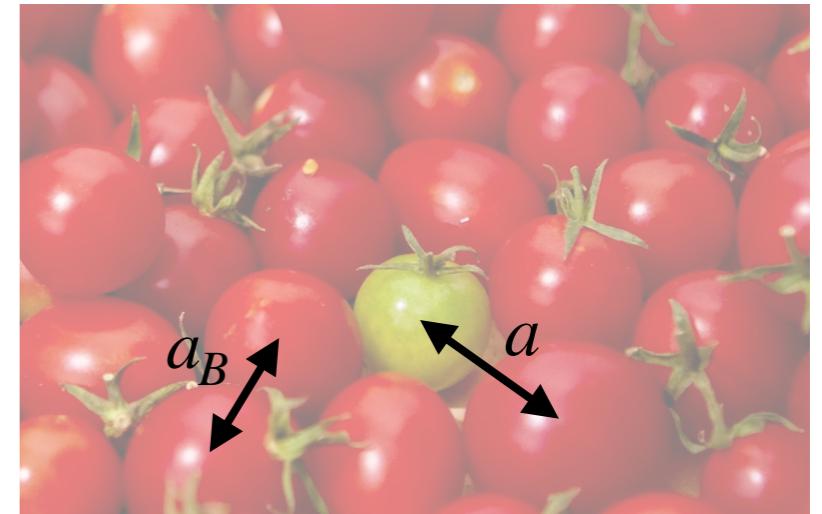
» boson-boson vacuum scattering:  $\mathcal{T}_B = 4\pi a_B/m_B$

» BEC chemical potential:  $\mu_B = \mathcal{T}_B n_0$

» Bogoliubov excitations:  $E_{\mathbf{k}} = \sqrt{\epsilon_{\mathbf{k}}^B (\epsilon_{\mathbf{k}}^B + 2\mu_B)}$

» free bosons:  $\epsilon_{\mathbf{k}}^B = k^2/2m_B$

units:  $k_n = (6\pi^2 n)^{1/3}$   
 $E_n = k_n^2/2m_B$



- Impurity-bath coupling: s-wave contact interaction with scattering length  $a$

- Finite temperature Green's functions:

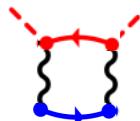
- Polaron energy:  $\omega_{\mathbf{p}} = \epsilon_{\mathbf{p}} + \text{Re}[\Sigma(\mathbf{p}, \omega_{\mathbf{p}})]$

- Polaron residue:  $Z_{\mathbf{p}} = \frac{1}{1 - \partial_{\omega} \text{Re}[\Sigma(\mathbf{p}, \omega)]|_{\omega_{\mathbf{p}}}}$

# Diagrammatic scheme

Impurity Green's function:  $\mathcal{G}(\mathbf{p}, i\omega_j) = \frac{1}{\mathcal{G}_0(\mathbf{p}, i\omega_j)^{-1} - \Sigma(\mathbf{p}, i\omega_j)}$

at  $T > 0$ , important diagram  
missing in ladder approx:



$$\boxed{\mathcal{T}} = \text{---} + \text{---}$$

Ladder T-matrix:  $\mathcal{T}(\mathbf{p}, i\omega_j)^{-1} = \mathcal{T}_v^{-1} - \Pi(\mathbf{p}, i\omega_j)$

- condensed boson
- excited boson
- impurity

$$\circlearrowleft \Sigma = \underbrace{\text{---} + \text{---}}_{\Sigma_L}$$

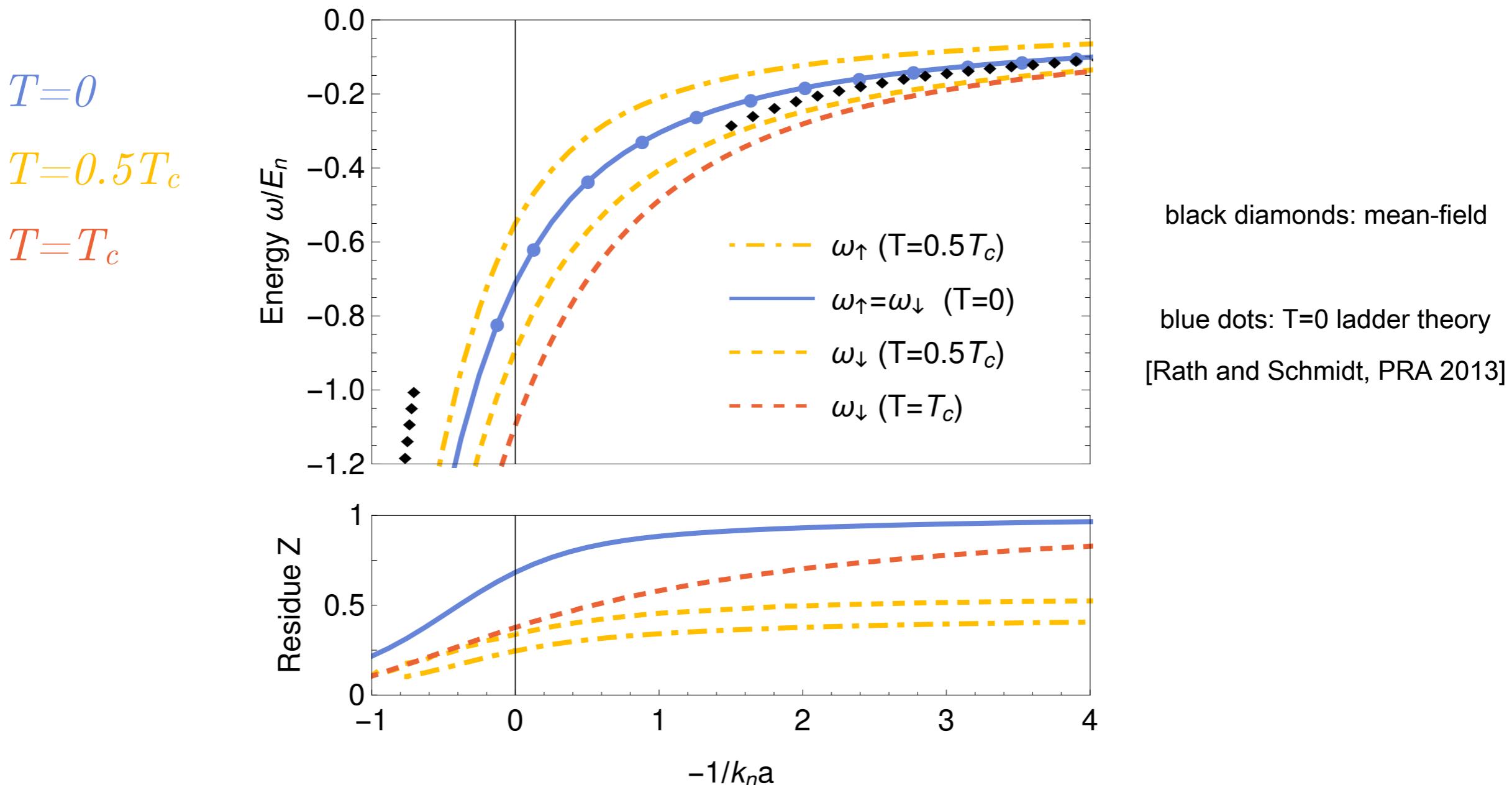
$T=0$  ladder: Rath and Schmidt, PRA 2013

Perturbation theory at  $T > 0$ : Levinsen, Parish, Christensen, Arlt, and Bruun, PRA 2017

Extended  $T > 0$  diagrammatic scheme: Guenther, PM, Lewenstein and Bruun, PRL 2018

# Varying coupling strength

Aarhus:  $k_n a_B = 0.01$



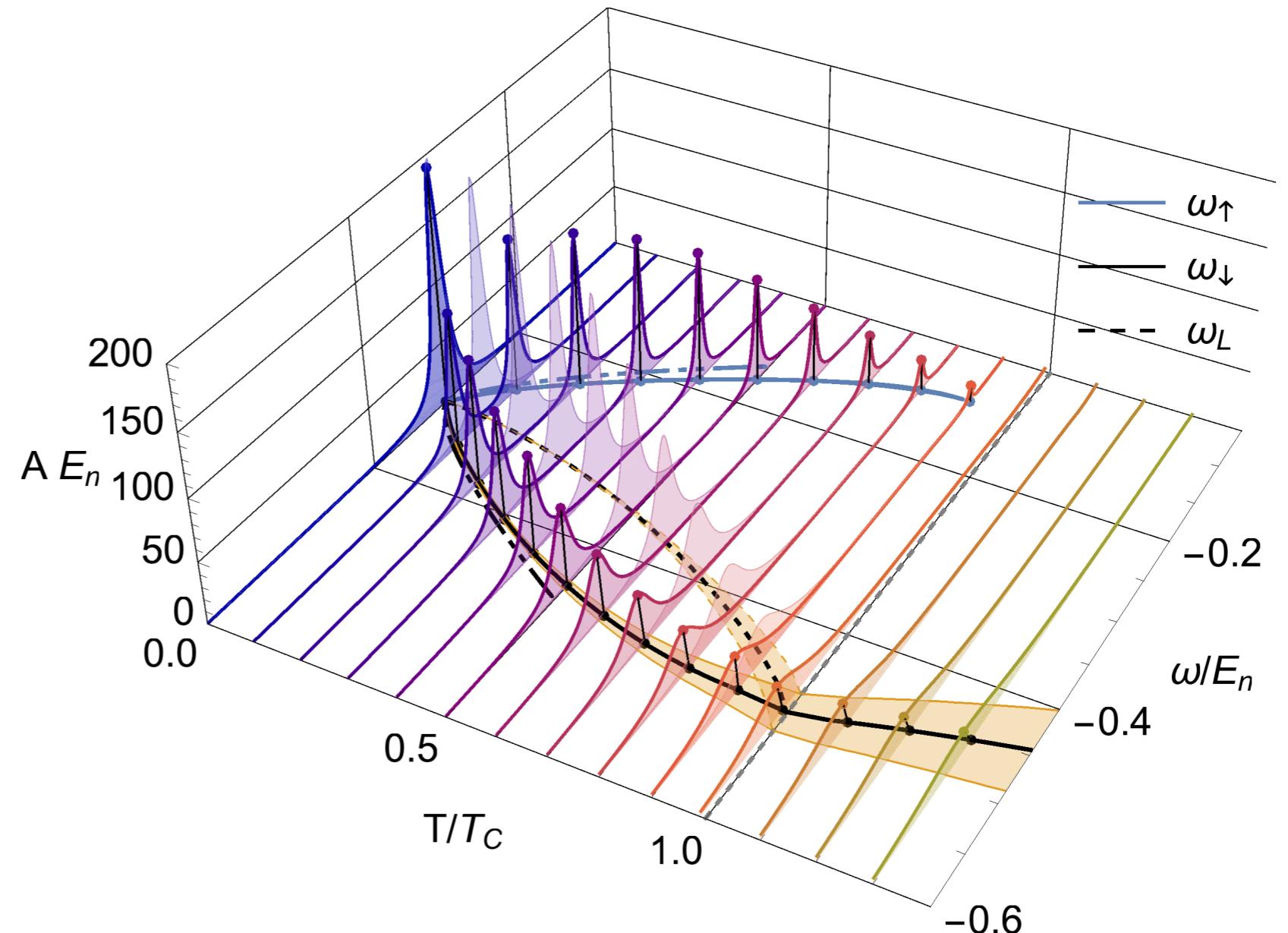
Guenther, PM, Lewenstein, and Bruun  
Phys. Rev. Lett. **120**, 050405 (2018)

# Increasing temperature

Weak attraction

$$(k_n a = -1)$$

Spectral function:



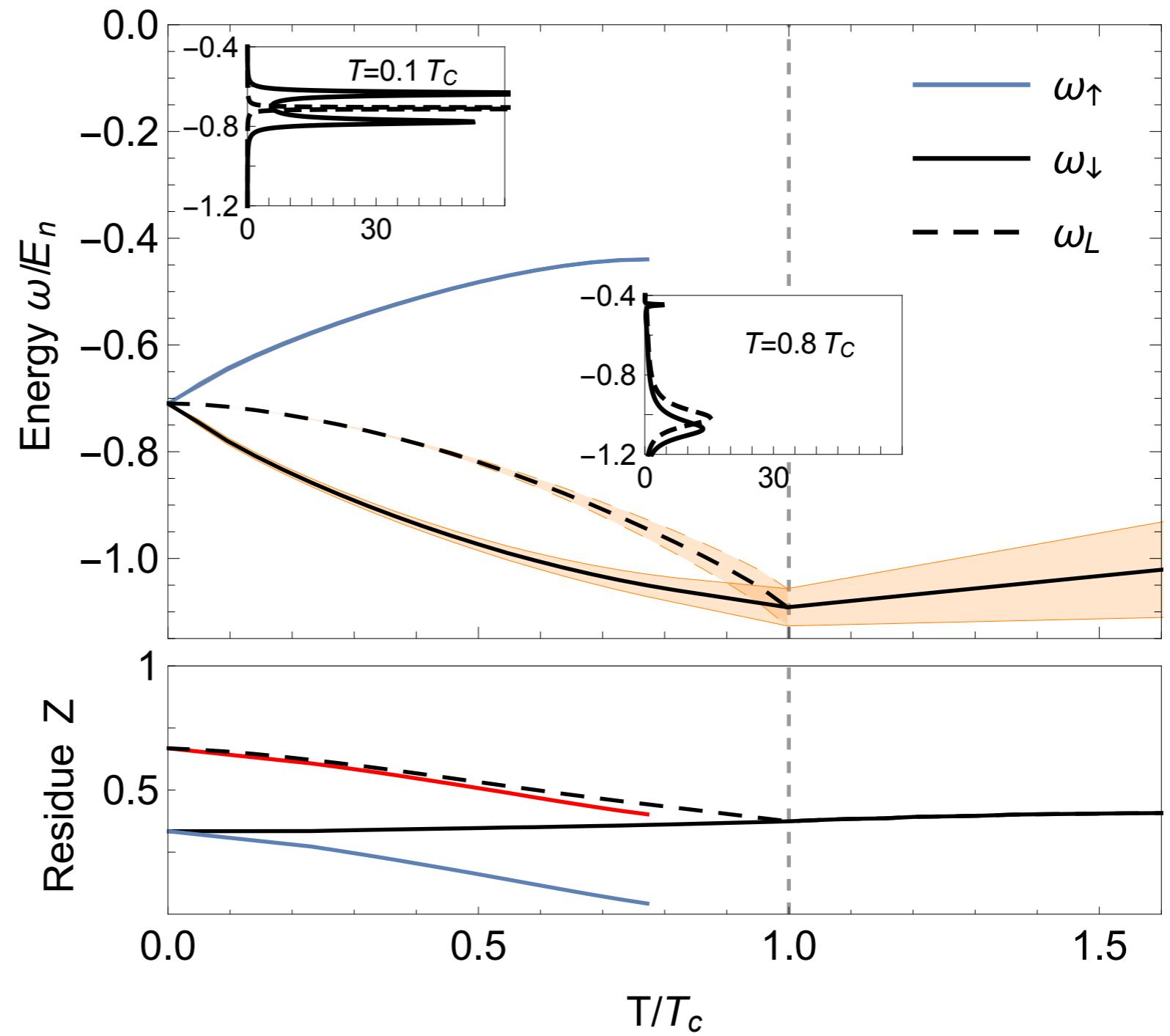
Guenther, PM, Lewenstein, and Bruun  
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# Increasing temperature

Strong attraction  
(unitarity)

Energy:

Residue:



# Understanding fragmentation

Polaron energy:  $\omega_0 = \text{Re}[\Sigma(\mathbf{p} = 0, \omega_0)]$

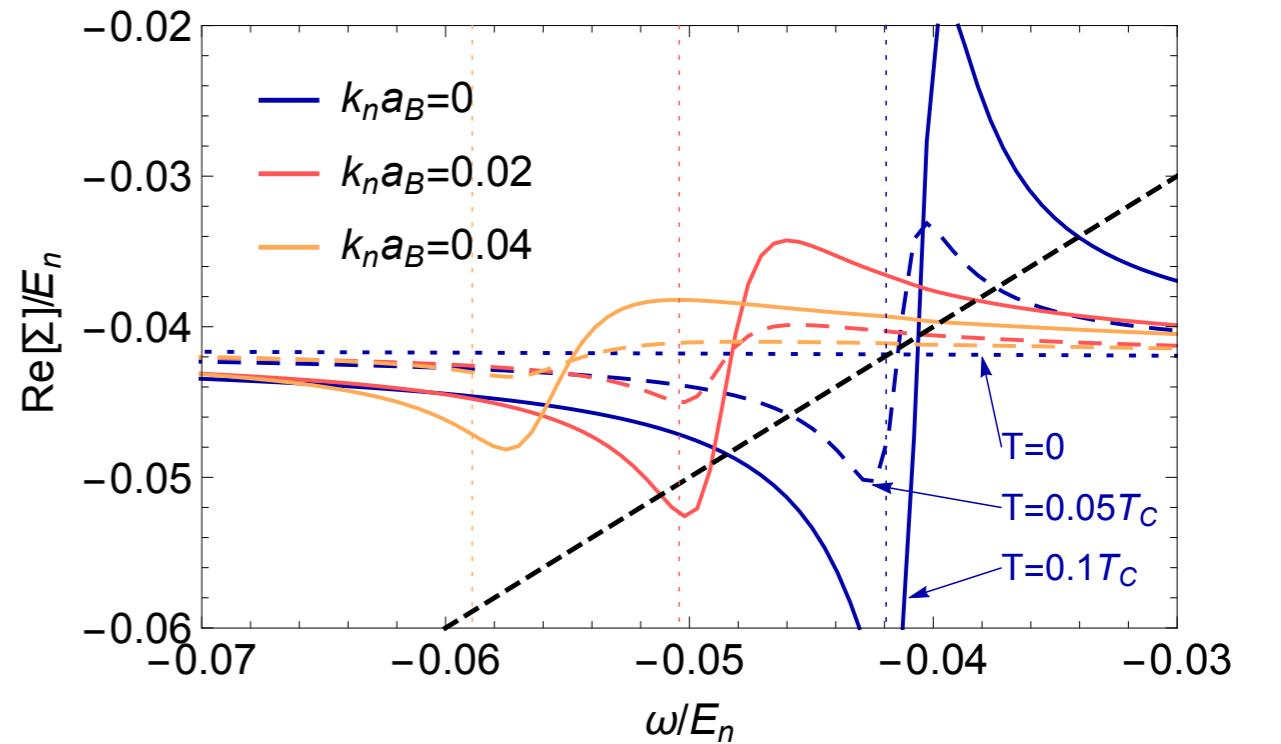
$\text{Re}(\Sigma)$  at weak coupling & low-T:

$$k_n a = -0.1$$

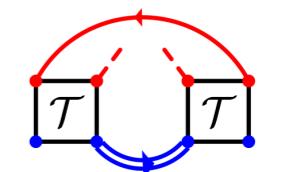
$$\Sigma_1(\omega) \approx \int \frac{d^3 k}{(2\pi)^3} \frac{f_{\mathbf{k}}}{\mathcal{T}_v^{-1} - \Pi(\mathbf{k}, \omega + E_{\mathbf{k}}) - \frac{n_0}{\omega + E_{\mathbf{k}} - \epsilon_{\mathbf{k}}}}$$

$$\approx \frac{\omega + n_0 \mathcal{T}_B}{\omega - n_0 (\mathcal{T}_v - \mathcal{T}_B)} n_{\text{ex}} \mathcal{T}_v$$

non-condensed fraction



on-shell for:  $\omega + E_{\mathbf{k}} = \epsilon_{\mathbf{k}} + \Sigma_0(\mathbf{k}, \omega + E_{\mathbf{k}})$



$|a| \gtrsim a_B$  : equal splitting

$$\omega_{\uparrow, \downarrow} \simeq \omega_0 [1 \pm (Z_0 n_{\text{ex}} / n_0)^{1/2}]$$

$$Z_{\uparrow, \downarrow} \simeq Z_L / 2$$

$|a| \lesssim a_B$  : single polaron

$$\omega_{\uparrow} \simeq n \mathcal{T}_v$$

in accord with perturbation theory [Levinsen et al., PRA 2017]

# General features

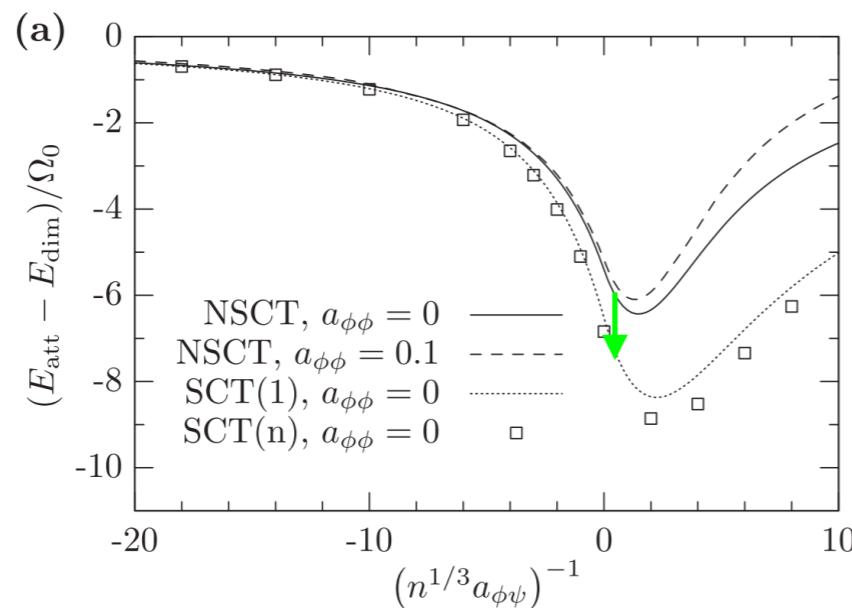
- Strong temperature dependence, due to the Bogolubov spectrum crossing over from linear to quadratic  
(at  $T=T_c$ , and at  $\epsilon_{\mathbf{k}}^B \approx 2\mu_B$ )
- Similar scenario whenever the bath undergoes a phase transition breaking a continuous symmetry
- Examples: normal and high- $T_c$  superconductors,  ${}^3\text{He}-{}^4\text{He}$  mixtures, ultracold fermionic superfluids, magnetic systems, ...
- The new quasiparticle emerges due to the coupling between the impurity and a large number of low-energy soft excitations  
(like Landau damping in ordinary plasmas, and plasminos in Yukawa and QED theories)

Baym, Blaizot, and Svetitsky, PRD 1992  
Braaten, Astrophys. J. 1992

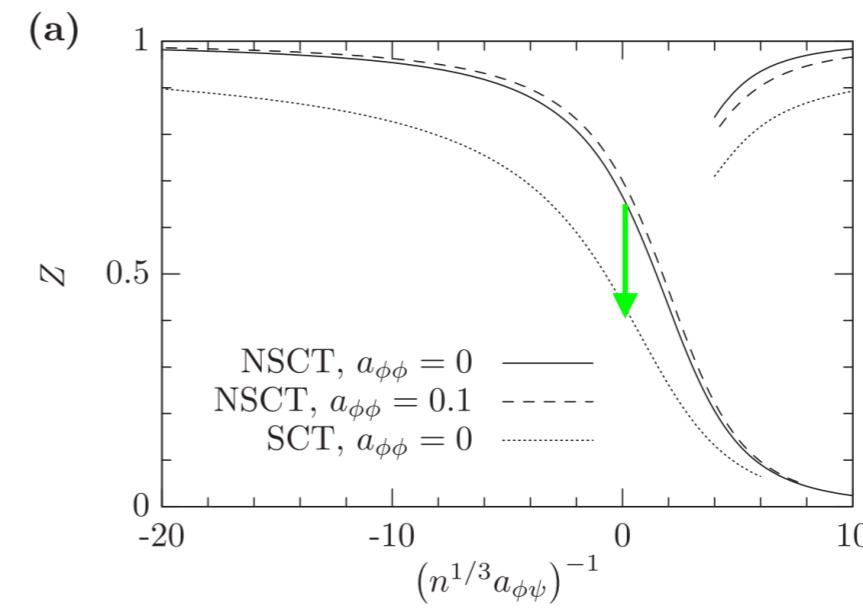
# Validity of the 1PH-approx for an ideal BEC?

equal masses at unitarity

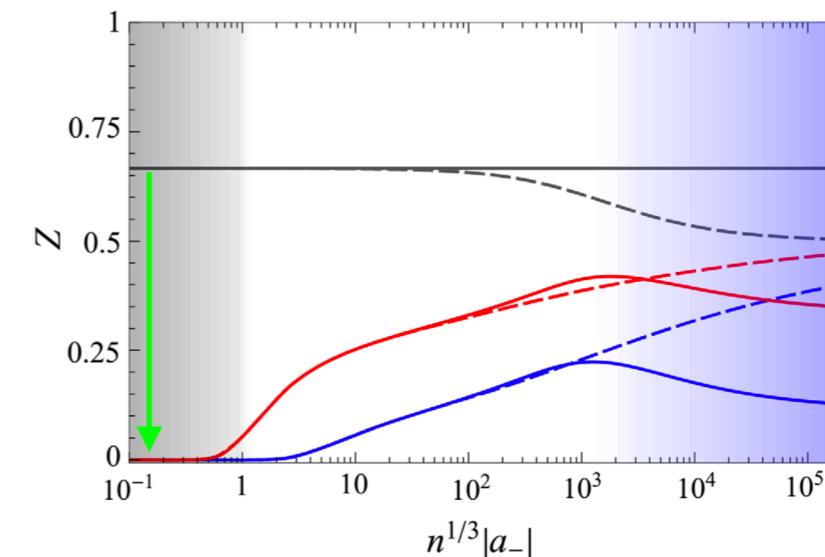
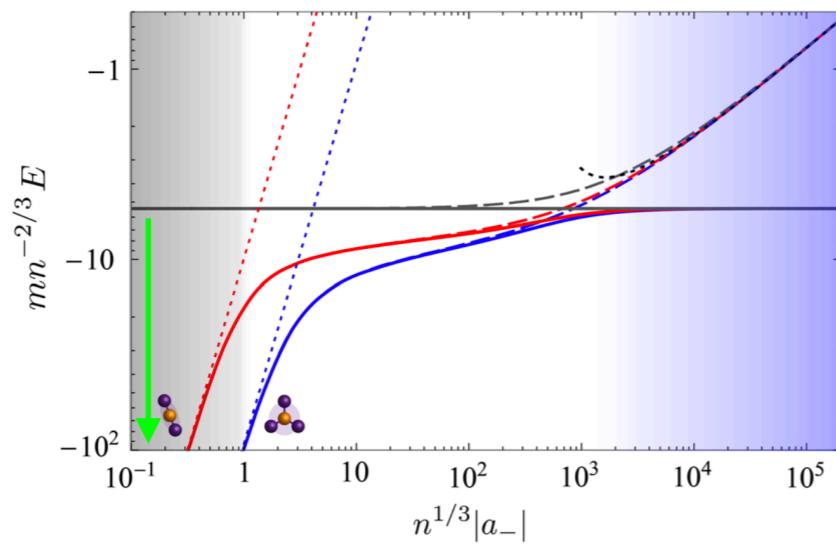
Energy



Residue



Rath and Schmidt, PRA 2013



Yoshida, Endo, Levinsen and Parish, PRX 2018

Part II

# Infinitely-massive impurities

# Ideal BEC

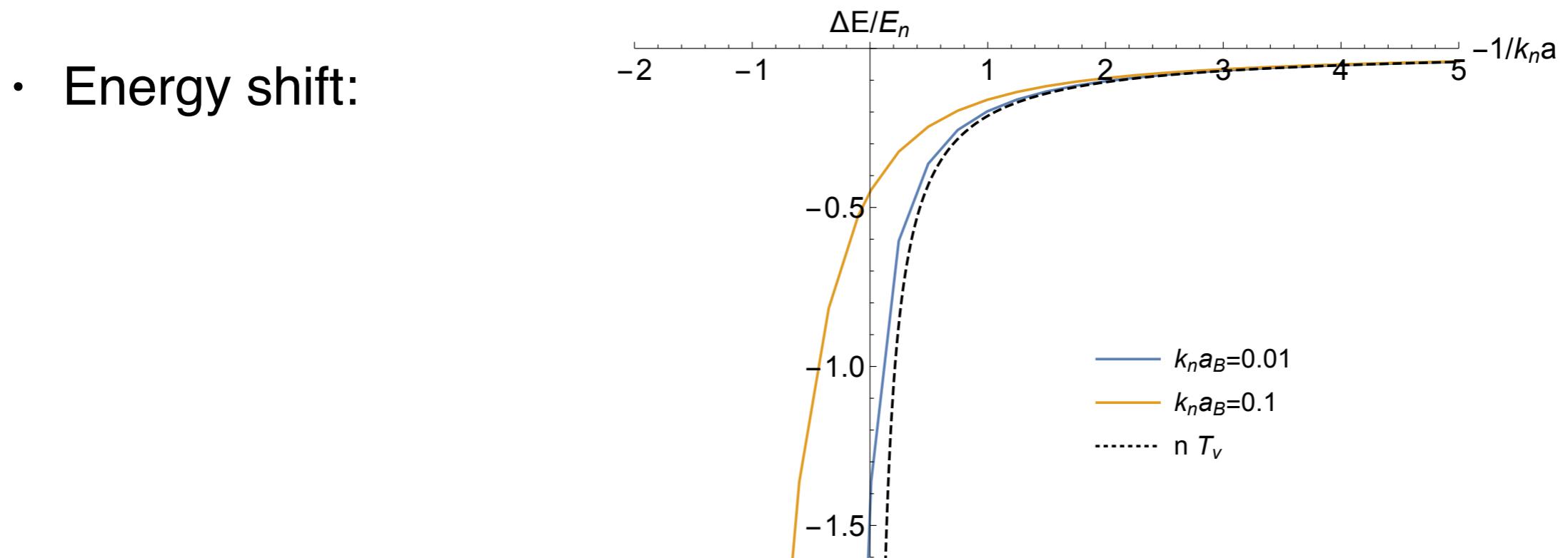
- Imp+boson inside a sphere of radius R; non-interacting:  $\psi(r) = \frac{1}{\sqrt{2\pi R}} \frac{\sin(k_0 r)}{r}$
  - Adding a short-ranged interaction:  $\psi(r) = \frac{1}{\sqrt{2\pi R}} \frac{\sin(kr + \delta)}{r}$
  - Energy shift:  $\Delta E = \frac{\hbar^2}{m} k \Delta k = \frac{2\pi\hbar^2}{m_r} \left( -\frac{\delta}{k} \right) |\psi(0)|^2$
  - Phase shift:  $\cot \delta = -\frac{1}{ka} + \frac{r_e k}{2} + O(k^3)$
  - Weak interaction:  $\delta = -ka$  (MF shift)
  - Unitarity:  $\delta = \pi/2$   
taking  $k = 1/\xi$  one has  $\Delta E = -\frac{1}{3}(k_n \xi) E_n$   
which diverges for an ideal gas!
-

# Ideal BEC

- The BEC is a product state:  $|\Psi\rangle = \prod_N |\psi\rangle$
- If  $|\psi\rangle \neq |\psi_0\rangle$ , then  $z = |\langle\psi_0|\psi\rangle|^2 < 1$
- And in the thermodynamic limit the residue  $Z = z^N \rightarrow 0$
- For *every* bath-impurity interaction!
- Ideal BEC +  $\infty$ -mass impurity  $\rightarrow$  Anderson orthogonality catastrophe

# Weakly-interacting BEC

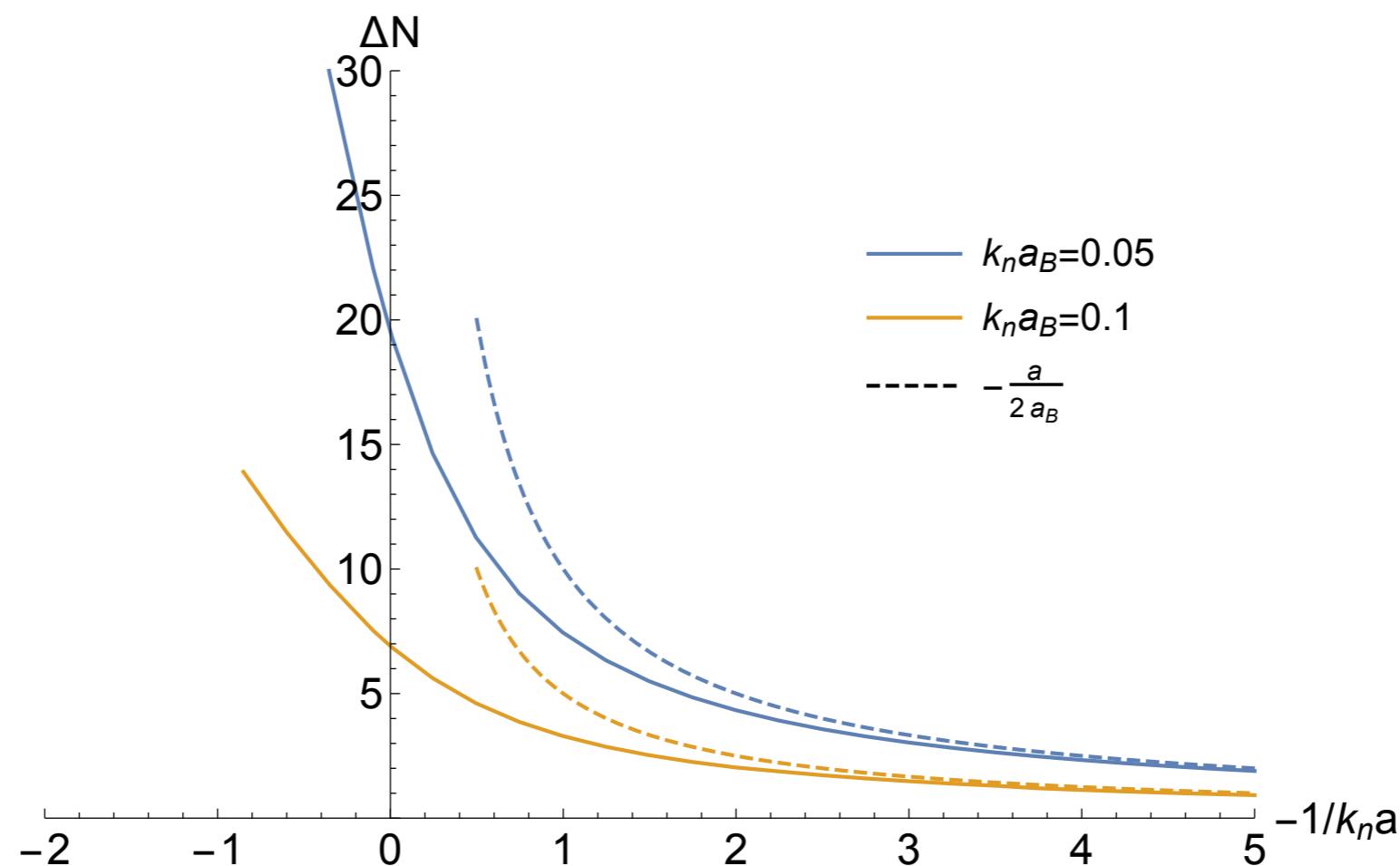
- GPE equation for the radial wavefunction  $\psi(r) = \frac{\chi(r)}{r}$
- BEC-impurity potential: attractive square well
- B.C. :  $\chi(0) = \chi''(0) = 0$  and  $\chi(r \rightarrow \infty) = r\sqrt{n_0}$



# Weakly-interacting BEC

- Number of particles in the dressing cloud:  $\Delta N = \int d\mathbf{r} [n(\mathbf{r}) - n_0].$
- For  $|a| \lesssim a_B$  one finds  $\Delta N = -\frac{a}{2a_B}$

Massignan, Pethick and Smith, PRA 2005



# Weakly-interacting BEC

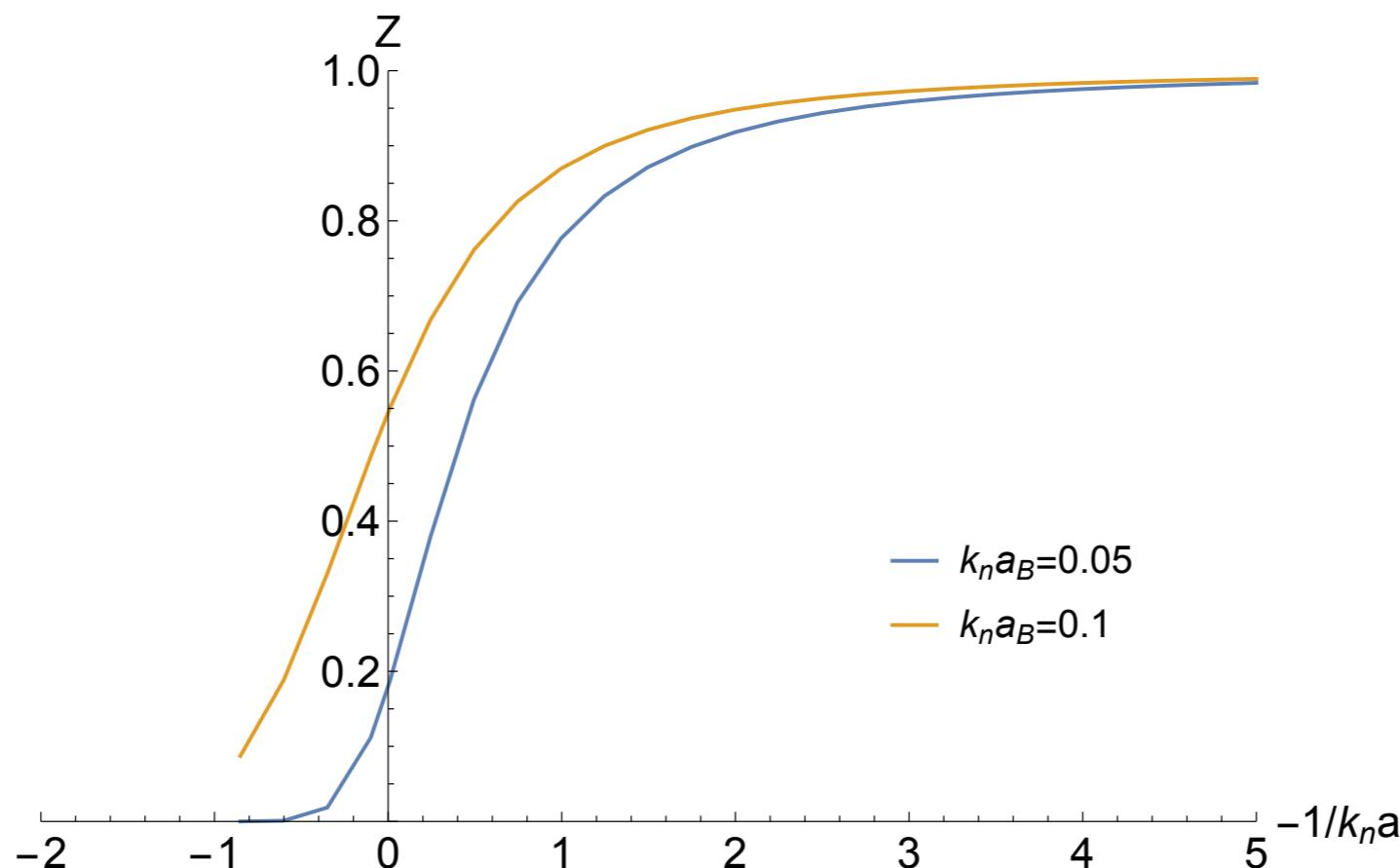
- $\psi(\mathbf{r}) = \psi_0 + \delta\psi(\mathbf{r})$
- Overlap of normalized GPE solutions:  $z \equiv \left| \frac{\langle \psi_0 | \psi \rangle}{\sqrt{N_0 N}} \right|^2 = 1 - \frac{c}{N_0} + \mathcal{O}(N_0^{-2})$   
where  $c \equiv \int d\mathbf{r} [\delta\psi(\mathbf{r})]^2 > 0$
- Many-body overlap:  $Z = \lim_{N_0 \rightarrow \infty} z^{N_0} = \lim_{N_0 \rightarrow \infty} \left( 1 - \frac{c}{N_0} + \mathcal{O}(N_0^{-2}) \right)^{N_0} = e^{-c}$
- Exponentially small residue  $\rightarrow$  Anderson orthogonality catastrophe!

$$Z = e^{-aN^{1/3}} = e^{-\beta n_0 a^2 R}$$

# Weakly-interacting BEC

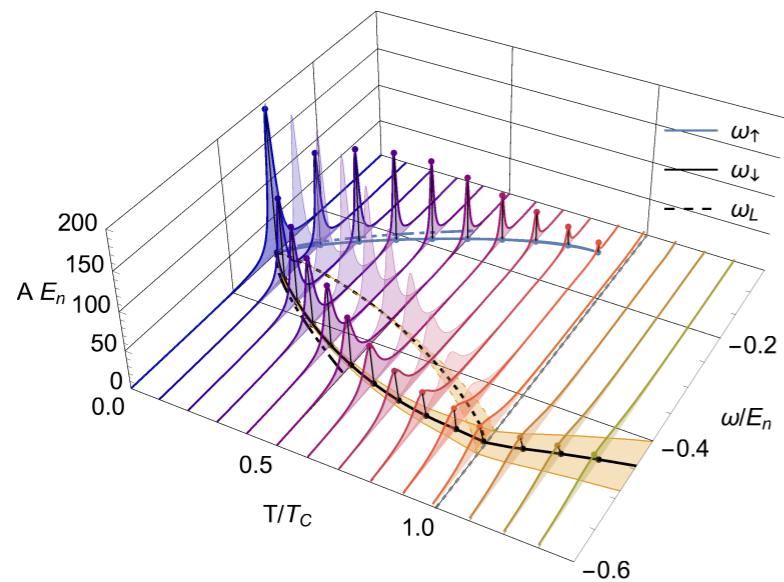
- Linearized GPE:  $\psi_{\text{lin}}(r) = \sqrt{n_0} \left[ 1 + C \frac{\exp(-\sqrt{2}r/\xi)}{r} \right]$
- $Z_{\text{lin}} = e^{-c_{\text{lin}}} \approx 1 - \sqrt{2}\pi n_0 a^2 \xi$  very close to  $Z_{\text{pert}} = 1 - 4\sqrt{2}n_0 a^2 \xi + \mathcal{O}(n_0 a^3)$

Christensen, Levinsen & Bruun, PRL 2015



# Conclusions

- Bose polarons greatly differ from Fermi ones
- Crucial role played by the large low-energy density of states of the BEC
- Non-perturbative treatment is fundamental
- The  $T=0$  attractive polaron fragments into two quasiparticles at  $T>0$
- The ground state quasiparticle remains well-defined across  $T_c$
- The excitation above it instead disappears at  $T_c$
- An *Anderson orthogonality catastrophe* arises when  $a_B \rightarrow 0$



Thank you!